

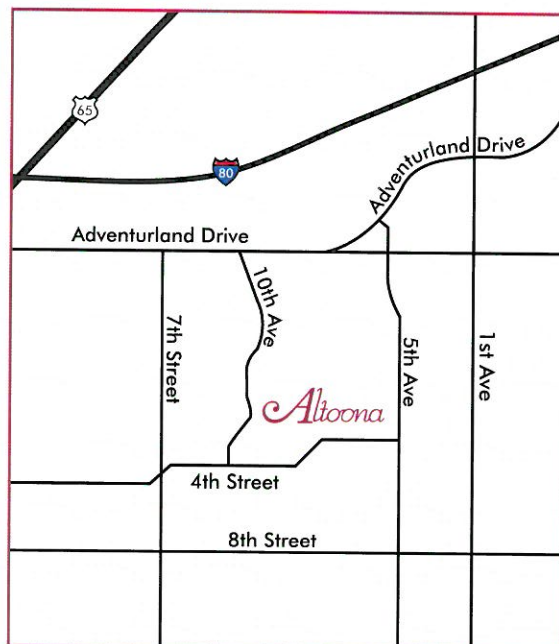
Altoona

Nursing & Rehabilitation Center

*Where Recovery, Rehabilitation,
and Compassion all come together*

Altoona Nursing and Rehabilitation Center

has been committed to serving the community since 1973. We are a 106 bed nursing facility located in the heart of the Altoona community just East of Des Moines. We offer long term and short term care. Our skilled nursing and therapy services are offered on an individualized basis tailored to help restore you or your loved one's physical and or cognitive ability. Excellent outcomes and satisfaction are the specialties of Altoona's commitment to quality care and community.



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Nursing & Rehabilitation Center

200 7TH AVENUE SW, ALTOONA, IA 50009

FACILITY 515.967.4267 | FAX 972.767.6123

ADMISSIONS CELL 515.729.3206



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SERVICES & AMENITIES

- Skilled Nursing Services
- Orthopedic Aftercare
- Short Term Rehabilitation
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Tracheostomy Care
- Specialty Wound Care
 - Wound Vacs
 - IV Antibiotics
- Peritoneal Dialysis
- Automated External Defibrillator
- Dental, Podiatry, Dietician, Beauty and Barber Services
- Wireless Internet
- Transportation for all types of Medical Appointments

SPECIALTIES

Physical Therapy: Physical Therapists work to restore mobility and promote independence. The goal is to move the patient toward greater independence and mobility, either unassisted or with assist devices. The licensed physical therapist focuses on improvement, coordination, balance, strength and endurance.

Occupational Therapy: Occupational Therapist use goal directed activity to help restore, maintain and improve daily living skills. The goal is to assess personal self-care and daily living skills and to provide modified techniques and/or adaptive devices, as necessary, to assist patients achieve the skills needed in activities of daily living.

Speech Therapy: Speech-language Pathologists focus on improvements in swallowing, hearing, speech, and language proficiency. The goal is to assess and provide treatment for individuals with disorders of speech, language, swallowing, communications and/or feeding programs to help the patient recover lost skills or develop new ones.

BENEFITS

Patients benefit from a team of qualified rehabilitation specialists including Physical Therapists, Occupational Therapists, Speech and Language Pathologists, Registered Dieticians, Registered Nurses, and more.

PAYMENT SOURCES

We want our residents to receive all the health care benefits to which they are entitled. We work closely with families to research all payment options. Talk to us about your coverage:

- Medicare
- Medicaid
- Private Pay
- Insurance
- Hospice

We accept Visa, MasterCard and Discover.

