



## *Skilled Nursing & Therapy Services*

When a recent hospitalization sets you back, allow our team of licensed therapists to establish customized goals to get you back on your feet.

Your independence is of the utmost importance to our rehabilitation team. If you are on a fast track to recover on a skilled stay, Altoona Nursing & Rehabilitation Center has a place for you!

### *What will skilled rehab do for me?*

The most important thing you can do for yourself after a hospital stay is to take enough time to fully recover from your illness or surgery.

- Decrease pain using Diathermy
- Improve strength through exercise and stretching
- Improve your balance and the ability to care for yourself
- Provide safety awareness
- Provide for safe use of a walker or other assistive device when necessary
- Provide home evaluation to prepare for your return home
- Get you back home with your highest level of independence!

# *Altoona*

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*Nursing & Rehabilitation Center*

# SEPSIS MANAGEMENT PROGRAM

*When the right care  
means everything!*

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At Altoona Nursing & Rehabilitation Center, we provide management and treatment of infections, including sepsis secondary to:

- Pneumonia
- Surgical and non-surgical wounds
- Osteomyelitis
- Multidrug resistant organisms

*Altoona*

*Nursing & Rehabilitation Center*

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FACILITY 515.967.4267 | FAX 972.767.6123

ADMISSIONS CELL 515.729.3206

[AltoonaNursing-Rehab.com](http://AltoonaNursing-Rehab.com)

